

Additional Services available at Sleaford Children's Centre

If you would like any further information on the Services available at the Children's Centre, please ask a member of staff.

Sleaford Children's Centre is part of North Kesteven South Children's Centres which also include:

Billingham: 01526 869248 and Caythorpe: 01400 279285

Skills Development Service: Works with parents who want to make positive changes for themselves and their families. The service offers encouragement and practical support with trying new things and getting more involved, often leading to Learning, Training, Volunteering and Employment.

Quiet Time: Opportunities are available for families to use the Children's Centre resources on a small group or 1:1 basis. Please call the Centre to find out more.

Keepsakes: The opportunity for families to make a variety of 'keepsake' items with their children and to get to know the Children's Centre team and what we can offer. Please speak to a member of staff to find out more.

ESCO Service: A scheme to co-ordinate the care for children and young people from birth to 18 years, who have complex health needs, sensory needs and/or disabilities.

Learning Together: This drop in session provides a variety of activities for children to explore, supporting children's changing needs and interests. As well as encouraging children's independence, confidence and social skills.

Our Health Services

Health Visitor Clinic: There are many different health professionals within the Centre, delivering services such as midwifery and health visiting clinics. A health visitor clinic includes 6-8 week, 8-12 months and 2-2.5 year's assessments as well as 3-4 month contact.

Breastfeeding Support Group: Come and join us in a relaxed, friendly environment, chat and meet other breastfeeding mums and get some support and advice. A member of the health visiting team supports the group along with a parent volunteer. Pregnant ladies also welcome. Opportunity to self-weigh for breastfeeding mums.

Top Tips for Babies: Join the Early Years Practitioner for discussions on subjects like when to introduce solids, healthy eating, oral health, accident prevention, immunisation, how to access support and more.

No booking required – just turn up on day

Heckington Children's Centre WHAT'S ON GUIDE



Timetable
From Mon 31 Oct – 9th Dec '22

Heckington Children's Centre
St. Andrew's C of E Primary School

Howell Road

Heckington

NG34 9RX

Telephone: 01529 306888

E-mail:

SleafordCC@lincolnshire.gov.uk

Opening Times

Mon-Fri: 9.00-15.00

Term Time Only



Like us on Facebook to stay in touch



For all up to date information please go to our web pages at:

<https://www.lincolnshire.gov.uk/childcare-and-family-support/find-a-childrens-centre/>








Lincolnshire
COUNTY COUNCIL
Working for a better future

Heckington Children's Centre Timetable (Free Family Activities)

Tel: 01529 306888 Email: SleafordCC@lincolnshire.gov.uk

Term Time Only from Monday 31st October 2022

M o n d a y s	T u e s d a y s	W e d n e s d a y s	T h u r s d a y s	F r i d a y s
<p>Booking for groups is essential for Learning Together and Baby Massage, these are groups where the commitment of attending weekly for a set of weeks is required.</p> <p>These groups are shown as booking required on the timetable.</p> <p>Other groups where families can attend without prior booking will not have extra information and therefore you are welcome to arrive on time for the start of the session.</p>	<p>10:00am – 11:00am Virtual Opening Doors to Employment Description: This four-week employability course is for parents who are ready to look for a job but could do with a helping hand. By the end of the course, you will have an up-to-date CV, know how and where to effectively job search and feel confident about communicating your skills and experience during interviews. To find out more email beststart@eyalliance.org.uk</p> 	<p>1:30pm – 2:30pm Virtual 'Preparation for Parenting' Sessions run fortnightly To start your registration process for our Zoom sessions, please email: beststart@eyalliance.org.uk</p> <p>1:30pm – 2:30pm Stay & Play (0 – 1 years, Babies not yet walking)</p> <p>This session aims to support developing babies to grow and learn. Activities will encourage babies to reach their unique developmental milestones, following their interests and curiosities</p> <p>No Booking Necessary</p> <p>@ Sleaford Children's Centre Breastfeeding Support Group 12noon – 1:30pm (Wednesday's) You do not need to book onto a Breastfeeding Session and can just attend on the day/time.</p> 	<p>Please be aware that Virtual Delivery may be offered, when face to face sessions will not be available, due to staff/centres adhering to Covid restrictions.</p> <p>10.00am – 11.00am Learning Through Play – (For children 0-5 years)</p> <p>Through carefully planned, playful opportunities, these sessions will help you and your child to strengthen and develop key skills which will help them in their journey to becoming lifelong learners</p>  <p>No Booking Necessary</p> <p>Thursdays @ Sleaford Children's Centre Top Tips for Babies up to 6 months Thursday's 1st December</p> <p>10am -11am</p> <p>A relaxed and informal session delivered by Early Years professionals sharing Top Tips for babies. Covering introducing solids, oral health, accident prevention and age appropriate development and learning</p> <p>No booking necessary</p>	<p>12:30pm – 1:30pm Virtual GROW Your Own Confidence New 4-week Course starting after half term</p> <p>Please email beststart@eyalliance.org.uk to find out more or when the next course begins</p> <p>Stuck for something to do on Fridays??? Why not come to Sleaford's Rhyme Time: Toddlers (confident Walkers) @10am OR Rhyme Time: Babies (None Mobile) @11:30</p> <p>Or Pop along to Billinghay CC Learning Through Play 0-5Yrs @10am</p> <p> @ Sleaford Children's Centre 1.30pm-3.00pm Pop in & Play Friday's from 18th November</p> <p>Pop in and Play with your children, explore the resources, let your child lead their play!</p> <p>All we ask is that you tidy away before you go home.</p>
	<p>Fun Facts and Trivia A crocodile cannot stick its tongue out.</p> <p>A shrimp's heart is in its head.</p> <p>It is physically impossible for pigs to look up into the sky.</p>			

Please note that the use of mobile phones and cameras are **NOT** permitted in the centre. Thank you